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The Principle of Currency Value System and Islamic Banking and Finance



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**Edited by
Saim Kayadibi**

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Chapter 12

Awareness of Halal Foods among Universities Students

Nur Shafawati Bt Bahara, Bir isim daha yazılacak¹⁰⁶ and Saim Kayadibi

Introduction

In Arabic, the word halal means permitted or lawful. Halal foods are foods that are allowed under Islamic dietary guidelines. Halal is not being just 'pork' and 'alcohol-free' but it is also comprises the *toyyiban*. Halalan *toyyiban* merely means allowed and permissible for consumption with relation to Syariah law as long as they are safe and not harmful.

Halal matters in Quran: "O mankind! Eat of which that which is lawful and good (*tayyib*) on the earth, and follow not the footsteps of *shaitan*. Verily, he is to you an open enemy."¹⁰⁷

Halal matters in Hadith: "What is Halal is clear. And what is Haram is also clear. And in between those two is a dubious area in which many people do not know about. So whoever distanced himself from it, he has acquitted himself (from blame). And those who fall into it, he has fallen into a state of Haram."¹⁰⁸

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¹⁰⁷ Qur'an 2:168

¹⁰⁸ Reported by Bukhari, Muslim, Abu Daud, Ibn Majah and Darimi